

# WESTMINSTER WOODS

## *AEOE Menu*

*Please arrive within 15 minutes  
of each meal's start time.*

### **Saturday Breakfast – 8:30 am**

#### **Breakfast Burrito Bar**

Muffins, Fruit, Juice

### **Saturday Lunch – 12:30 pm**

#### **Falafel Pita Sandwiches**

Lentil Soup, Salad Bar, Dates, Grapes

### **Saturday Dinner – 6:00 pm**

#### **Chicken Cacciatore or Mushroom Ragu**

Parmesan Polenta, Salad, Rolls, Dessert

### **Sunday Breakfast – 8:30 am**

#### **Baked French Toast, Strawberries**

Bacon or Veggie Sausage, Yogurt, Juice

### **Sunday Lunch**

After the final workshop, you are welcome  
to make your own sack lunch to eat here or take with you.